

# Moncreaff's Martial Arts, Yoga and Fitness

485 Great Road (Rt. 2A/119) Acton, MA 01720

www.moncreaffkenpo.com 978-264-2904



## Children's Schedule of Classes Effective September 12, 2022

<b>Little Dragons Karate Ages 4-6</b>	
Monday:	4:30 PM
Tuesday:	4:30 PM
Wednesday:	4:30 PM
Thursday:	4:30 PM
Saturday:	12:00 PM

<b>Karate Kids- Ages 7-12</b> <b>Ranked White, 1/2 White/Yellow, and Yellow</b>	
Monday:	4:30 PM
Tuesday:	4:30 PM
Wednesday:	4:30 PM
Thursday:	4:30 PM
Saturday:	12:00 PM



<b>Mixed Aerial Arts for Kids</b>
Friday: 4:30-5:30 PM



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## Intermediate and Advanced Karate Children's Schedule Effective September 12, 2022

### Modern Kenpo Karate

<b>Karate Kids Ages 7-12</b> Ranked ½ Yellow/Orange, Orange, ½ Orange/Purple, Purple, and Up	
Monday:	5:30 PM - Testing Session
Tuesday:	5:30 PM - Regular Class
Wednesday:	5:30 PM- Regular Class
Thursday:	5:30 PM - Regular Class
Saturday:	12:00-1:00 PM - Regular Class

### Chanbara - Weapons Class

Saturday: 1:15-2:00 PM

### Circus Arts

#### Mixed Aerial Arts for Kids

Friday: 4:15-5:30 PM



To sign in to your classes in advance please use our Mindbody App. Let us know if you need help.

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## Teen and Adult Classes Schedule Effective Sept. 12, 2022

### Modern Kenpo Karate

Teen/Adult Karate	
Monday:	6:45-7:45 PM - Leadership Team Class
Tuesday:	6:45-8:00 PM - Regular Class
Wednesday:	6:45-8:00 PM - Regular Class
Thursday:	6:45-8:00 PM - Regular Class
Saturday:	2:15-3:30 PM - Regular Class

### Teen Chanbara - Weapons Class

Saturday: 1:15-2:00 PM

### Circus Arts

#### Acroyoga/Mixed Aerial Arts for Teens/Adults

Friday: 5:45-7:00 PM



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# Modern Kenpo Karate

**Try any of our Martial Arts programs for 1 week for FREE!**

## Little Dragons Modern Kenpo Karate for ages 4-6

- \$149.00 per month.

## Modern Kenpo Karate for ages 7 to Adult:

- \$159.00 per month for students ranked White and Yellow Belt.
- \$169.00 a month for students ranked Orange and Up:

## Modern Kenpo Karate Private Lessons:

- 60 minute: \$100 for individual, Semi-Private lesson (2 or more students) \$75 per person.
- 30 minute \$50 for individual, Semi-Private lesson (2 or more students) \$37.50 per person.

## Family Modern Kenpo Karate Discounts:

- Unlimited Martial Arts classes for 3 family members: \$419.00 a month.
- Unlimited Martial Arts classes for 4 family members: \$549.00 a month.

**No Belt Testing Fees Ever:** At Moncreaff's Martial Arts, Yoga and Fitness, You Earn Your Belt. You Don't Buy It! (Warning: At other martial arts schools surprise belt testing fees can cost thousands of dollars per year.)

Missed Kenpo classes can be made up with *Free* Semi-Private Lessons. See Professor Moncreaff for details. (The student must have missed a minimum of 2 weeks of classes in one month to qualify.)

# Mixed Aerial Arts

## Classes Pricing:

- \$245.00 for 10 Class Card, 6 Class Card 159.00
- \$35.00 for Aerial Arts, Circus Arts, and Acroyoga Drop-ins.

## Private Lessons:

- 60 minute: \$100 for individual, Semi-Private lesson (2 or more students) \$75 per person.
- 30 minute \$50 for individual, Semi-Private lesson (2 or more students) \$37.50 per person.