

Moncreaff's Martial Arts, Yoga and Fitness

485 Great Road (Rt. 2A/119) Acton, MA 01720

www.moncreaffkenpo.com 978-264-2904



Children's Schedule of Classes Effective July 1, 2022

Little Dragons Karate Ages 4-6	
Monday:	4:30 PM (No Monday classes in July/August)
Tuesday:	4:30 PM
Wednesday:	4:30 PM
Thursday:	4:30 PM
Saturday:	12:00 PM

Karate Kids- Ages 7-12 Ranked White, 1/2 White/Yellow, and Yellow	
Monday:	4:30 PM (No Monday classes in July/August)
Tuesday:	4:30 PM
Wednesday:	4:30 PM
Thursday:	4:30 PM
Saturday:	12:00 PM



Mixed Aerial Arts for Kids
Friday 4:15-5:30 PM



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Intermediate and Advanced Karate Children's Schedule Effective July 1, 2022

Modern Kenpo Karate

Karate Kids Ages 7-12 Ranked ½ Yellow/Orange, Orange, ½ Orange/Purple, Purple, and Up	
Monday:	5:30 PM (No Monday classes in July/August)
Tuesday:	5:30 PM
Wednesday:	5:30 PM
Thursday:	5:30 PM
Saturday:	12:00-1:00 PM

Chanbara - Weapons Class

Saturday: 1:15-2:00 PM

Circus Arts

Mixed Aerial Arts for Kids

Friday: 4:15-5:30 PM



To sign in to your classes in advance please use our Mindbody App. Let us know if you need help.

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Teen and Adult Classes Schedule Effective July 1, 2022

Modern Kenpo Karate

Teen/Adult Karate	
Monday:	6:45-8:00 PM (No Monday classes in July/August)
Tuesday:	6:45-8:00 PM
Wednesday:	6:45-8:00 PM
Thursday:	6:45-8:00 PM
Saturday:	2:15-3:30 PM

Teen Chanbara - Weapons Class

Saturday: 1:15-2:00 PM

Circus Arts

Acroyoga/Mixed Aerial Arts for Teens/Adults

Friday: 5:45-7:00 PM



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Modern Kenpo Karate

Try any of our Martial Arts programs for 1 week for FREE!

Little Dragons Modern Kenpo Karate for ages 4-6

- \$149.00 per month.

Modern Kenpo Karate for ages 7 to Adult:

- \$159.00 per month for students ranked White and Yellow Belt.
- \$169.00 a month for students ranked Orange and Up:

60 Minute Modern Kenpo Karate Private Lessons:

- \$100 for individual • Semi-Private Lesson (2 or more students) \$50 per person.

Family Modern Kenpo Karate Discounts:

- Unlimited Martial Arts classes for the entire family \$399.00 a month. (Maximum of 5 students per family)

No Belt Testing Fees Ever: At Moncreaff's Martial Arts, Yoga and Fitness, You Earn Your Belt. You Don't Buy It! (Warning: At other martial arts schools belt testing fees can cost hundreds of dollars per year.)

Missed Kenpo classes can be made up with *Free* Semi-Private Lessons. See Professor Moncreaff for details. (The student must have missed a minimum of 2 weeks of classes in one month to qualify.)

Yoga, Acro, and Aerial Arts

Yoga, Aerial, Circus and Acrobatics Classes Pricing:

- \$245.00 for 10 Class Card, 6 Class Card 159.00
- \$35.00 for Aerial Arts, Circus Arts, and Acroyoga Drop-ins.
- Discounted pricing available for Karate students. Please ask for more details.

60 Minute Yoga, Aerial, Circus and Acrobatics Private Lessons:

- \$100 for individual • Semi-Private Lesson (2 or more students) \$50 per person.

